

Taking ANTIBIOTICS when you don't need them puts you and your family at risk



ANTIBIOTICS AREN'T NEEDED FOR

- Colds
- Flu
- Vomiting
- Most coughs
- Most ear infections
- Most sore throats
- Most diarrhoea
- Most cystitis

**TAKE YOUR PHARMACIST'S
ADVICE**



ANTIBIOTICS ARE NEEDED FOR

- Serious bacterial infections including:
- Sepsis
- Pneumonia
- Urinary tract infections
- Sexually transmitted infections like gonorrhoea
- Meningococcal meningitis

**TAKE YOUR DOCTOR'S
ADVICE**

Keep Antibiotics Working



EICH MEDDYGINAETHAU
EICH IECHYD
YOUR MEDICINES
YOUR HEALTH

Mae cymryd **GWRTHFIOTIGAU** pan nad oes eu hangen arnoch yn eich rhoi chi a'ch teulu mewn perygl



NID OES ANGEN GWRTHFIOTIGAU AR GYFER

- Annwyd
- Ffliw
- Taflu i fyny
- Bron bob peswch
- Bron bob haint clust
- Bron bob dolur gwddw
- Bron bob dolur rhydd
- Bron bob llid y bledren

**GWRANDEWCH AR GYNGOR
EICH FFERYLLYDD**



MAE ANGEN GWRTHFIOTIGAU AR GYFER

- Heintiau bacterol
difrifol gan gynnwys:
- Sepsis
- Niwmonia
- Heintiau'r llwybr iwrin
- Heintiau a drosglwyddir
yn rhywiol fel gonorea
- Llid yr ymennydd
meningococcal

**GWRANDEWCH AR GYNGOR
EICH MEDDYG**

Cadw Gwrthfiotigau'n gweithio



EICH MEDDYGINIAETHAU
EICH IECHYD
YOUR MEDICINES
YOUR HEALTH