

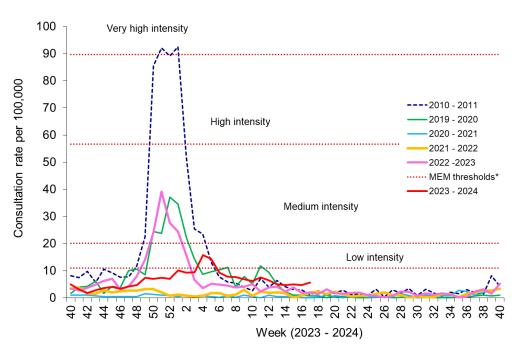
Current level of influenza activity: Low Influenza activity trend: Decreasing Confirmed influenza cases since 2023 Week 40: 4422 (479 influenza A(H3N2), 1013 influenza A(H1N1)pdm09, 2406 influenza A untyped and 524 influenza B)

During Week 17 (ending 28/04/2024) there were 38 cases of influenza confirmed, with one case from previous weeks. Influenza circulation is now returning to low levels, although overall activity has decreased. COVID-19 cases are at low levels but increased since week 16. Additionally, recent weeks have seen increases in mycoplasma, rhinovirus, adenovirus, and parainfluenza.

- The Sentinel GP consultation rate for influenza-like illness (ILI) in Wales during Week 17, was 5.7 consultations per 100,000 practice population (Table 1). The rate increased to the previous week (4.7 consultations per 100,000. Figure 1).
- The Sentinel GP consultation rate for Acute Respiratory Infections (ARI) was 206.4 per 100,000 practice population during Week 17 (Table 2 and Figure 3). This is an increase compared to the previous week (174.9 per 100,000). During week 17, Lower Respiratory Tract Infections remained stable at 68.5 per 100,000 and Upper Respiratory Tract Infections increased to 135.4 per 100,000 compared to the previous week.
- The percentage of calls to **NHS Direct Wales** which were 'influenza-related' (cold/flu, cough, fever, headache, and sore throat) during Week 17 increased to 17.4% (Figure 13).
- During Week 17, 1,375 specimens received multiplex respiratory panel testing from patients attending hospitals.
 18 tested positive for influenza (five influenza A(not subtyped), four influenza A(H1N1), three influenza A(H3) and six influenza B). Overall influenza test-positivity decreased to 1.3% from 1.6%. In those aged under 18 positivity decreased to 1.6% from 2.8%, and in those aged over 18 it decreased to 1.2% from 1.4%. In addition, there were: 253 rhinovirus, 76 adenovirus, 68 mycoplasma, 67 SARS-CoV-2, 53 parainfluenza, 41 human metapneumovirus, 25 enterovirus, 19 seasonal coronaviruses and five RSV positive samples (Figure 5). Additionally, 277 samples from patients were tested for influenza, RSV and SARS-CoV-2 only. Of these 277 samples there were 10 influenza A, four influenza B, 31 for SARS-CoV-2, and three RSV. (Figure 7). Furthermore, during week 17, 51 respiratory specimens were tested from patients in intensive care units (ICU) of which two were positive for influenza (one influenza A(H3) and one influenza(not subtyped) (Figure 8).
- There were 120 surveillance samples from patients with ILI symptoms collected by **sentinel GPs and community pharmacies** during Week 17. Of the 120 samples, **four tested positive for influenza A (four influenza A (H3N2),** 24 rhinovirus, 16 mycoplasma, 10 parainfluenza, four seasonal coronavirus, three human metapneumovirus, **two influenza B,** two adenovirus, two enterovirus, one RSV, one bocavirus and one SARS-CoV-2 as at 01/05/2024 (Figure 4).
- From all samples where influenza subtyping information was immediately available during week 17, seven were influenza A(H3), four influenza A(H1N1), eight influenza B and five influenza A(not subtyped) (Figure 6). Additional typing is carried out on all confirmed influenza A samples where typing results are not available from first-line testing, the additional information from these tests will be added to case totals after the end of the season.
- Confirmed RSV case incidence in children aged under 5 remains at baseline intensity levels (compared to levels before 2021). In week 17 there were 2.5 confirmed cases per 100,000 in this age group (Figure 9).
- The 7-day rolling sums of cases hospitalised within 28 days of an influenza or RSV positive test result in the community (or up to two days post-admission) were eight and five respectively during Week 17 (Figures 10 & 11) and 29 for SARS-CoV-2 during week 17 (Figure 12).
- During week 16, one **ARI outbreak** was reported to the Public Health Wales Health Protection Team, which outbreak was reported as whooping cough. The outbreak was in a school/nursery/daycare setting.
- According to **EuroMoMo** analysis, all-cause deaths in Wales were not in excess during week 16.
- As at 23/04/2024, uptake of influenza vaccination was 72.5% in adults aged 65 years and older, 39.1% in those aged 6 months to 64 years at clinical risk, 42.8% in two and three-year-old children, 61.9% in children aged four to 10 years and 49.7% in children aged 11 to 15 years (Table 3).

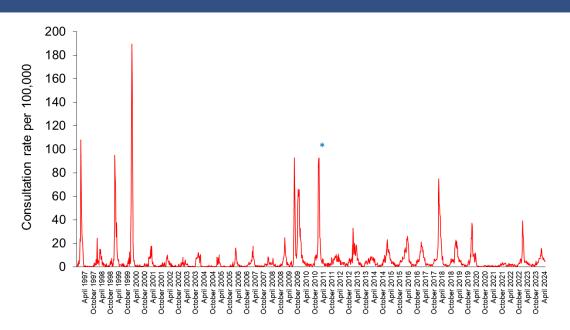
Respiratory infection activity in Wales

Figure 1. Clinical consultation rate for ILI per 100,000 practice population in Welsh sentinel practices (as of 28/04/2024).



* The Moving Epidemic Method (MEM) threshold calculated for Wales ILI consultation rates is 11.1 per 100,000. MEM thresholds used in this chart are based on influenza from 2010-11 to 2018-19 seasons. Caution should be used when comparing consultation rates from March 2020 onwards to previous periods due to the changes in health-seeking behaviours brought about by the COVID-19 pandemic. **Clinical consultations for ILI seasons are monitored from W40 to W40, the most recent data is presented in red.

Figure 2. Clinical consultation rate for ILI per 100,000 practice population in Welsh sentinel practices (Week 50 1996 – Week 17 2024).



* Reporting changed to Audit+ surveillance system

Table 1. Age-specific consultations (per 100,000) for ILI in Welsh sentinel practices, Week 12 – Week 17 2024 (as of 28/04/2024).

Age						
group	12	13	14	15	16	17
< 1	0.0	0.0	0.0	0.0	32.3	0.0
1 - 4	0.0	0.0	6.7	0.0	0.0	7.1
5 - 14	2.4	0.0	0.0	2.3	2.2	4.6
15 - 24	2.2	4.4	4.2	6.7	6.4	2.2
25 - 34	16.2	6.0	5.7	7.9	9.5	2.0
35 - 44	11.6	9.6	9.0	1.9	1.8	9.6
45 - 64	6.7	5.7	7.2	4.7	4.5	9.5
65 - 74	2.3	2.2	2.1	4.4	4.3	4.4
75+	4.5	6.7	0.0	8.7	4.2	2.2
Total	6.5	5.0	4.7	4.9	4.7	5.7

Table 2. Age-specific consultations (per 100,000) for ARI in Welsh sentinel practices, Week 12 – Week 17 2024 (as of 28/04/2024).

Age						
group	12	13	14	15	16	17
< 1	1625.4	701.0	1101.8	961.2	647.9	1211.5
1 - 4	893.2	556.2	583.3	639.0	609.6	717.3
5 - 14	497.8	236.4	249.8	327.5	276.2	326.2
15 - 24	192.6	155.4	137.4	186.3	124.8	174.3
25 - 34	234.2	139.7	147.1	172.7	139.8	155.3
35 - 44	214.7	149.1	184.2	136.9	167.8	192.7
45 - 64	178.5	130.7	154.2	179.0	129.9	147.9
65 - 74	158.1	140.0	164.2	185.6	142.9	152.2
75+	185.0	157.4	218.5	187.8	144.0	165.7
Total	259.5	171.1	195.9	212.7	174.9	206.4

Figure 3. Age-specific consultations (per 100,000) for ARI in Welsh sentinel practices, Week 17 2023 – Week 17 2024.

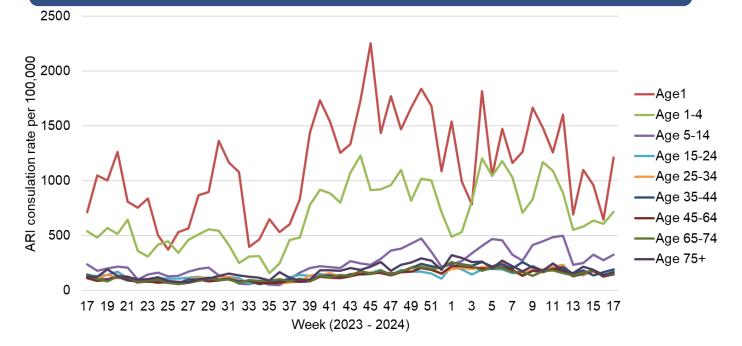
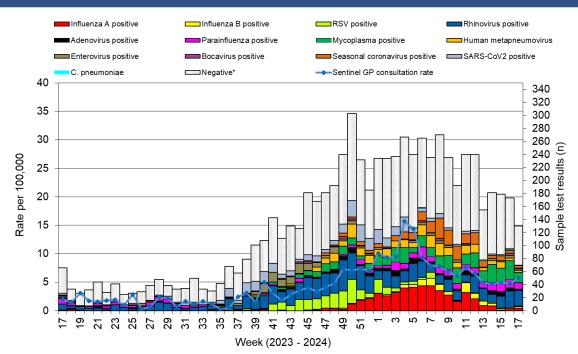
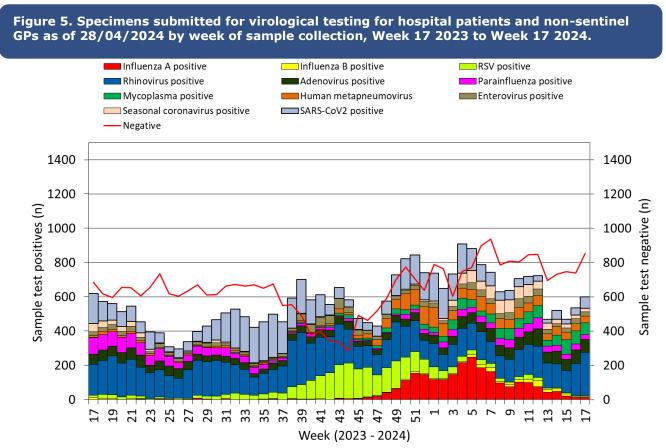


Figure 4. Specimens submitted for virological testing by sentinel GPs and community pharmacies as of 28/04/2024, by week of sample collection, Week 17 2023 to Week 17 2024.



* Tested negative for influenza, adenovirus, rhinovirus, RSV, parainfluenza, mycoplasma, human metapneumovirus, enterovirus, bocavirus and coronaviruses. Samples which test positive for more than on pathogen will appear more than once in the chart. **Results for the latest week will underestimate activity as not all samples will have been received, tested, and authorised at time of writing this report.**



This chart summarises respiratory panel test data and does not include data for patients tested SOLEY for SARS-CoV2. Combined data for tests carried out in Public Health Wales Microbiology: Cardiff laboratory, provided by Public Health Wales Microbiology Cardiff Specialist Virology Centre. This chart summarises individual test results, patients who are positive for multiple infections within a given week will appear multiple times. Samples which test positive for more than on pathogen will appear more than once in the chart.

Figure 6. Flu subtypes based on specimens submitted for virological testing by sentinel GPs and community pharmacies, hospital patients, and non-sentinel GPs, as of 21/04/2024 by week of sample collection, Week 17 2023 to Week 17 2024.

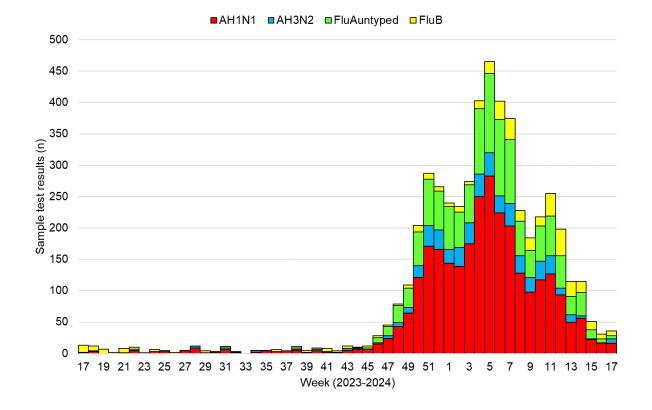
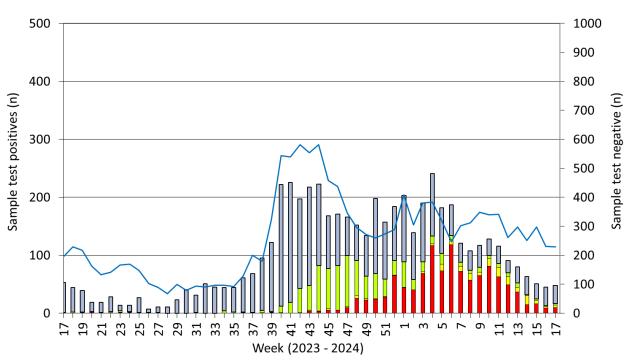
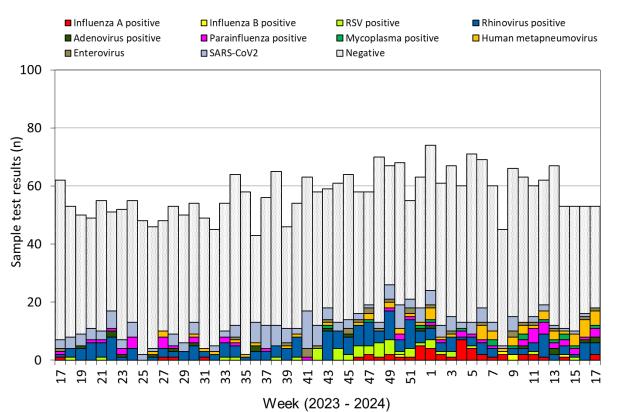


Figure 7. Specimens from hospital patients submitted for RSV, Influenza and SARS-CoV2 testing only, as of 28/04/2024 by week of sample collection, Week 17 2023 to Week 17 2024.



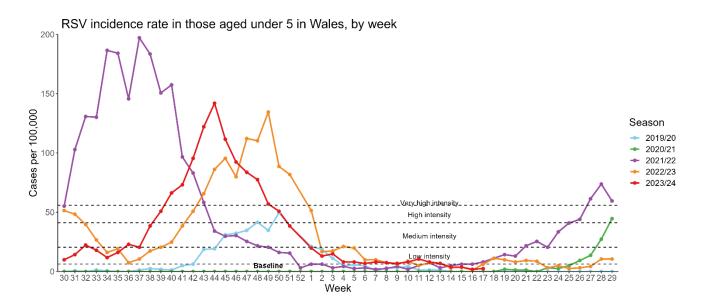
Influenza A positive Influenza B positive RSV positive SARS-CoV2 positive - Negative

Figure 8. Specimens submitted for virological testing for ICU patients, by week of sample collection, Week 17 2023 to Week 17 2024.



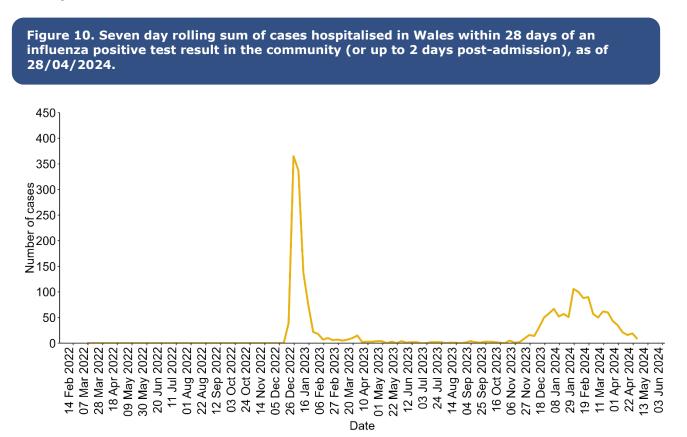
This chart summarises respiratory panel test data and does NOT include data for patients tested SOLELY for SARS-CoV2. Samples which test positive for more than on pathogen will appear more than once in the chart.

Figure 9. RSV incidence rate per 100,000 population aged under five years, week 30 2019 to Week 17 2024.



*RSV seasons are monitored from W30 to W29, the most recent data is presented in red

ARI – Hospital admissions





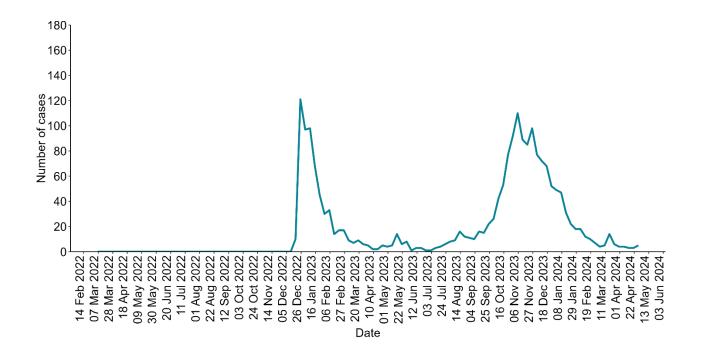
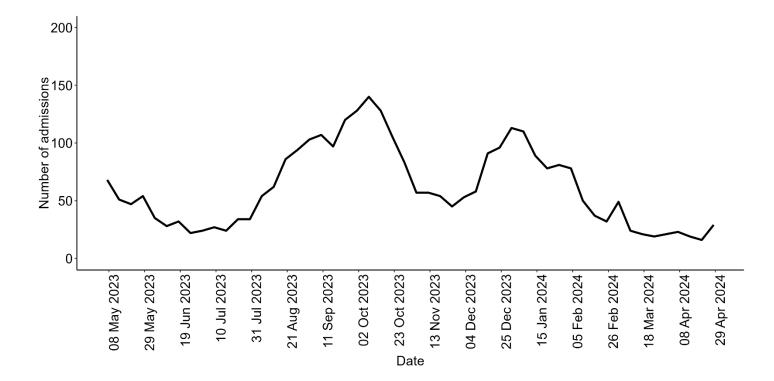
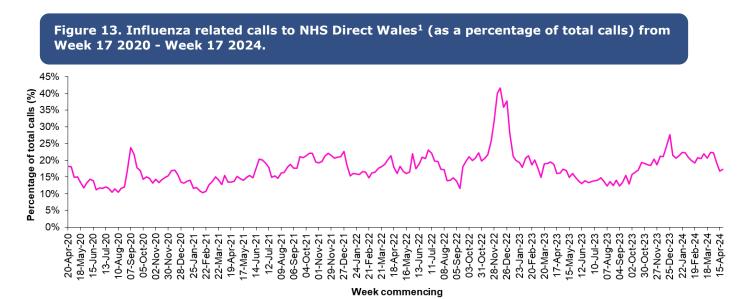


Figure 12. Seven day rolling sum of cases hospitalised in Wales within 28 days of an Covid-19 positive test result in the community (or up to 2 days post-admission), as of 28/04/2024.



Calls to NHS Direct Wales



¹ Data supplied by Health Statistics and Analysis Unit, Welsh Government.

Flu related calls are the sum of calls recorded as 'cold/flu', 'cough', 'headache', 'fever' and 'sore throat'. Following changes to the NHS Direct calls system, including the start of the 111 pilot, there has been a change in the way in which denominator data are calculated for this chart, NHS Direct Wales now count the total number of nurse triaged calls (i.e. calls which could have symptom data recorded against them), note that 111 includes out-of-hours calls.

Table 3. Uptake of influenza immunisations in GP Practice patients in Wales 2023/24 (as of 23/04/2024).

Influenza immunisation uptake in the 2023/24 season				
People aged 65y and older	72.5%			
People younger than 65y in a clinical risk group	39.1%			
Children aged two & three years	42.8%			
Children aged between four & ten years	61.9%			
Children aged between 11 & 15 years	49.7%			
Total NHS staff	40.8%			
NHS staff with direct patient contact	40.5%			

The end of season report Influenza in Wales 2019/20 is available to download and contains a full breakdown of vaccination uptake amongst eligible groups. Link to report: https://phw.nhs.wales/topics/immunisation-and-vaccines/fluvaccine/annual-influenza-surveillance-and-influenza-vaccination-uptake-

reports/

Influenza activity – UK and international summary

- As of Week 16, GP ILI consultations remained stable at 3.0 per 100,000 in England and decreased to 4.5 per 100,000 in Scotland.
- During Week 16, 5,236 samples testing positive for influenza were reported in England of which 117 were positive for influenza (44 influenza A(not subtyped), 33 influenza A(H3N2), 12 influenza A(H1N1)pdm09, and 28 influenza B). Overall influenza positivity decreased to 2.2% in England and to 4.8 per 100,000 in Scotland in week 16.
- UK summary data are available from the <u>UKHSA Influenza and COVID-19 Surveillance Report</u> and <u>COVID-19 & Respiratory Surveillance (shinyapps.io)</u>
- The WHO and the European Centre for Disease Prevention and Control (ECDC) reported during week 16, that
 influenza positivity continues to decrease and has now below the 10% positivity epidemic threshold for three
 consecutive weeks. Of the 37 countries and areas reporting on influenza intensity, three reported medium
 intensity, 14 reported low intensity and the remainder reported baseline intensity. Of the 36 countries and areas
 reporting on geographic spread of influenza viruses within a country or area, six reported widespread, eight
 reported regional, one reported local, and 17 reported sporadic activity. There were 108 confirmed influenza
 virus infection detections reported from sentinel primary care, 79% of which were influenza B viruses.
 Source: European Respiratory Virus Surveillance Summary (ERVISS): https://erviss.org/
- The WHO reported on 24/04/2024, based on data up to 14/04/2024 that influenza activity continues to decrease in the northern hemisphere and remains low in the southern hemisphere.
- In the Northern hemisphere some countries in Central America, Eastern Europe and the Caribbean are reporting continued circulation. The predominant subtype varies by region.
- In the Southern hemisphere, influenza activity remained low with a few exceptions in South America, where influenza activity increased with predominantly influenza A detections. **Source:** WHO influenza update:<u>https://www.who.int/teams/global-influenza-programme/surveillance-and-monitoring/influenza-updates/current-influenza-update</u>
- Based on FluNet reporting (as of 29/04/2024), during the period from 18/03/2024 31/03/2024 National Influenza Centres and other national influenza laboratories from 133 countries, areas or territories reported influenza surveillance data. The WHO Global Influenza Surveillance and Response System laboratories tested more than 484,397 specimens during that period, of which 44,202 were positive for influenza viruses, 24,215 (54.8%) were typed as influenza A (of the subtyped influenza A viruses, 5,110 (53.3%) were influenza A(H1N1)pdm09 and 4,475 (46.7%) were influenza A(H3N2). Of the 44,202 samples testing positive for influenza viruses, 19,987 tested positive for Influenza B (45.2%). Source: Flu Net: https://www.who.int/tools/flunet

Update on influenza activity in North America

The USA Centers for Disease Control and Prevention (CDC) report that influenza activity continues to decline in most areas of the country (ending 20/04/2024). Nationally, 2,720 specimens have tested positive for influenza during week 16 in clinical laboratories nationwide, of these positive samples, 1,532 (56.3%) were influenza A and 1,188 (43.7%) were influenza B. Further characterisation has been carried out on 900 specimens by public health laboratories, 116 samples tested positive for influenza; 21 influenza A(H1N1)pdm09, 42 influenza A(H3N2), 53 influenza A(not subtyped) and 79 influenza B.

Source: CDC Weekly US Influenza Surveillance Report: http://www.cdc.gov/flu/weekly/

• The Public Health Agency of Canada reported that during week 16, influenza activity is decreasing and are within or below the expected levels typical for this time of the year. During week 16, 1,647 influenza detections were reported: 348 influenza A, and 1,299 influenza B. The percentage of ILI visits was 1.2%. **Source:** Public Health Agency of Canada: <u>https://www.canada.ca/en/public-health/services/diseases/flu-influenza/influenza-surveillance/weekly-influenza-reports.html</u>

Respiratory syncytial virus (RSV) in North America

• The USA CDC reported that the RSV positivity rate decreased in the week beginning 20/04/2024. **Source:** CDC RSV national trends: <u>https://www.cdc.gov/surveillance/nrevss/rsv/natl-trend.html</u>

COVID-19 – UK and international summary

- As of 24/04/2024, there were 2.2 new positive PCR episodes per 100,000 population in Wales, for the most recent 7-day reporting period. Latest COVID-19 data from Public Health Wales is available from: <u>https://phw.nhs.wales/topics/latest-information-on-novel-coronavirus-covid-19/</u>
- The latest UKHSA COVID-19 data summary is available from: <u>https://coronavirus.data.gov.uk/</u>
- WHO situation updates on COVID-19 are available from: <u>https://covid19.who.int/</u>

Middle East respiratory syndrome coronavirus (MERS-CoV) – latest update from WHO and ECDC

- Since the beginning of 2023 and as of 01 February 2024, a total of 2200 human cases have been reported, including 858 deaths. Overall, human infections of MERS-CoV have been reported from 27 countries, in all six WHO regions. Of the 2609 MERS-CoV cases and 939 deaths reported globally, 84% and 91%, respectively, have been reported from KSA, including these newly reported cases and deaths. (Figure 2). Since 2019, no MERS-CoV cases have been reported from countries outside the Middle East. WHO Global Alert and Response website: https://www.who.int/emergencies/disease-outbreak-news
- Since the 05 February and as of 12 February 2024, four new MERS-CoV cases, including two fatalities have been reported by Saudi Arabia.
- Rapid risk assessments of the situation from ECDC, which contain epidemiological updates and advice for travellers and healthcare workers, are available from: https://ecdc.europa.eu/en/middle-east-respiratorysyndrome-coronavirus
- Further updates and advice for healthcare workers and travellers are available from WHO: http://www.who.int/emergencies/mers-cov/en/ and from NaTHNaC: https://travelhealthpro.org.uk/news/237/mers-cov-update-travelhealthpro-country-pages

Human infection with avian influenza A(H7N9), China

 The latest WHO Influenza at Human-Animal Interface summary reports that there have been no publicly available reports from China or other countries on influenza A(H7N9) in recent months, but overall risk assessments are unchanged. Previous reports are available from:

<u>https://www.who.int/teams/global-influenza-programme/avian-influenza/monthly-risk-assessment-summary</u> The risk of international spread of avian influenza A(H7N9) is considered to be low at present. However, it is important that clinicians are aware of the possibility of human infection with animal influenza, in persons presenting with severe acute respiratory disease, while travelling or soon after returning from an area where avian influenza is a concern. WHO Global Alert & Response updates: <u>https://www.who.int/emergencies/diseaseoutbreak-news</u> Links:

Public Health Wales influenza surveillance webpage: http://www.wales.nhs.uk/sites3/page.cfm?orgid=457&pid=25480

Public Health Wales COVID-19 data dashboard: https://phw.nhs.wales/topics/latest-information-on-novel-coronavirus-covid-19/

Public Health Wales interactive report on hospitalisations in influenza and RSV cases: https://public.tableau.com/app/profile/public.health.wales.health.protection/viz/ARI-Hospitaladmissionsdashboard/ARIhospitaladmissionsdashboard?publish=yes

GP Sentinel Surveillance of Infections Scheme: http://www.wales.nhs.uk/sites3/page.cfm?orgid=457&pid=27918

NICE influenza antiviral usage guidance: http://www.nice.org.uk/Guidance/TA158

England influenza and COVID-19 surveillance: <u>https://www.gov.uk/government/statistics/national-flu-and-covid-19-surveillance-reports-2023-to-2024-season</u>

Scotland seasonal respiratory surveillance: https://www.publichealthscotland.scot/publications

Northern Ireland influenza surveillance: https://www.publichealth.hscni.net/directorate-public-health/health-protection/seasonal-influenza

European Centre for Communicable Disease: <u>http://ecdc.europa.eu/</u>

European influenza information: <u>http://flunewseurope.org/</u>

Advice on influenza immunisation https://phw.nhs.wales/topics/immunisation-and-vaccines/fluvaccine/

Advice on influenza immunisation (for intranet users) Influenza (sharepoint.com)

For further information on this report, please email Public Health Wales using: <u>surveillance.requests@wales.nhs.uk</u>